

Parent Capacity Building Program

We work with parents and caregivers involved with Hennepin County Child Protection to build parenting skills and promote wellbeing for their family.

Who is this for?






Parent Capacity Building Program is a free program for parents and caregivers funded by Hennepin County. Admission to the program is only by referral from Hennepin County Child Protection.

What we offer





Our individualized program offers services in home or in a safe community setting. Every family works with two coaches: a **Parenting Coach** and a **Family Stability Coach**.

Improve family wellbeing and stability

With the support of a Parenting Coach:

-  Improve family strengths
-  Learn and practice new parenting skills related to child safety and wellbeing
-  Set goals and make a plan for success
-  Reduce likelihood of child abuse and neglect
-  Understand your rights and navigate complex service systems

With the support of a Family Stability Coach:

-  Set goals to increase self-sufficiency
-  Plan educational and economic goals
-  Connect with community resources
-  Build confidence and skills needed for greater family stability

Want to learn more?

Contact Jasmine Shrestha,
Director of PCBP at **612-517-4963** or
jshrestha@thefamilypartnership.org.

